

Interboro High School Athletics – Summer Workout Schedules 2021

Monday:

8:00	Cross Country	High School
10:00 – Noon	Girls Soccer	Field #2 (HS)
1:00 – 3:00	Boys Soccer	Field #1 (HS)
3:00 – 6:00	Football	South Ave
5:00 – 6:30	Wrestling	High School (August Only)
5:30 – 7:00	Girls Basketball	High School Gym

Tuesday:

5:30 – 7:00	Boys Basketball	High School
6:00 – 8:00	Boys Soccer	Field #1 (HS)

Wednesday:

8:00	Cross Country	High School
10:00 – Noon	Girls Soccer	Field #2 (HS)
1:00 – 3:00	Boys Soccer	Field #1 (HS)
3:00 – 6:00	Football	South Ave
5:30 – 7:00	Girls Basketball	High School Gym

Thursday:

8:00	Cross Country	High School
10:00 – Noon	Girls Soccer	Field #2 (HS)
11:00 -1:00	Girls Track	South Ave
3:00 – 6:00	Football	South Ave
5:00 – 6:30	Wrestling	High School (August Only)
5:30 – 7:00	Boys Basketball	High School
6:00 – 8:00	Boys Soccer	Field #1 (HS)

Saturday:

11:00 -1:00	Girls Track	South Ave
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HS Fields

Field #1 – Boys Soccer / Boys Lax Practice Field

Field #2 – Girls Soccer / Girls Lax Field

Field # 3 – Field Hockey Field

Field # 4 – Girls Softball Field

